
MENTAL HEALTH SERVICE DELIVERY TO UNDERPRIVILEGED COMMUNITIES.

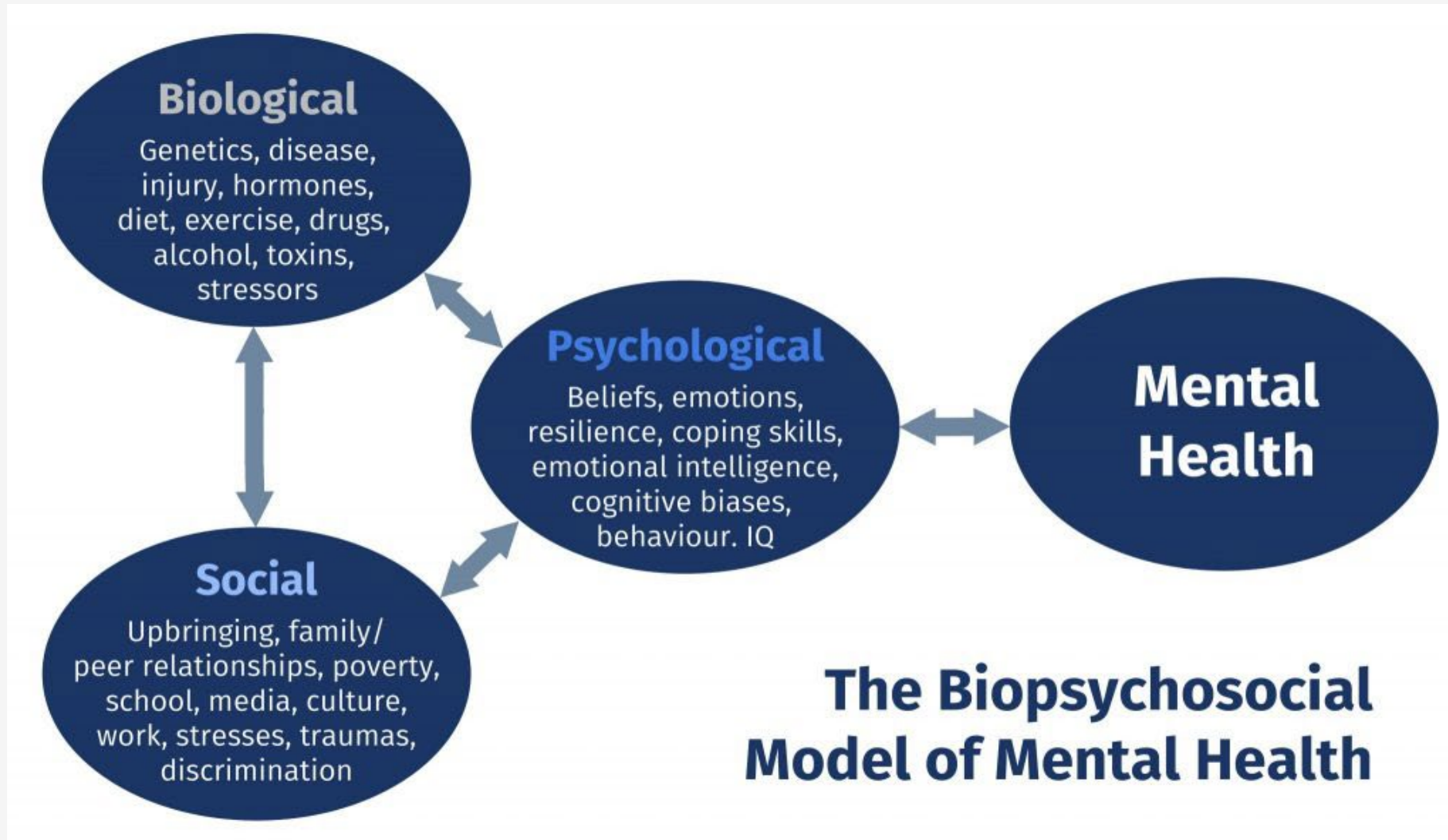
DR. B. HATITCHKI
Psychiatrist

Mental Health is a Worldwide Problem



- One in five adults experience a mental disorder each year
- One third of adults experience a mental disorder at some point in their lifetime
- In Canada, nearly 20% of those aged 15 and older have a diagnosis of either anxiety, mood or substance use disorder each year.
- Mental Disorders are the leading cause of non-fatal disability in children and youth

THE BIOPSYCHOSOCIAL RISK FACTORS



PREVENTION AND PROMOTION OF MENTAL HEALTH

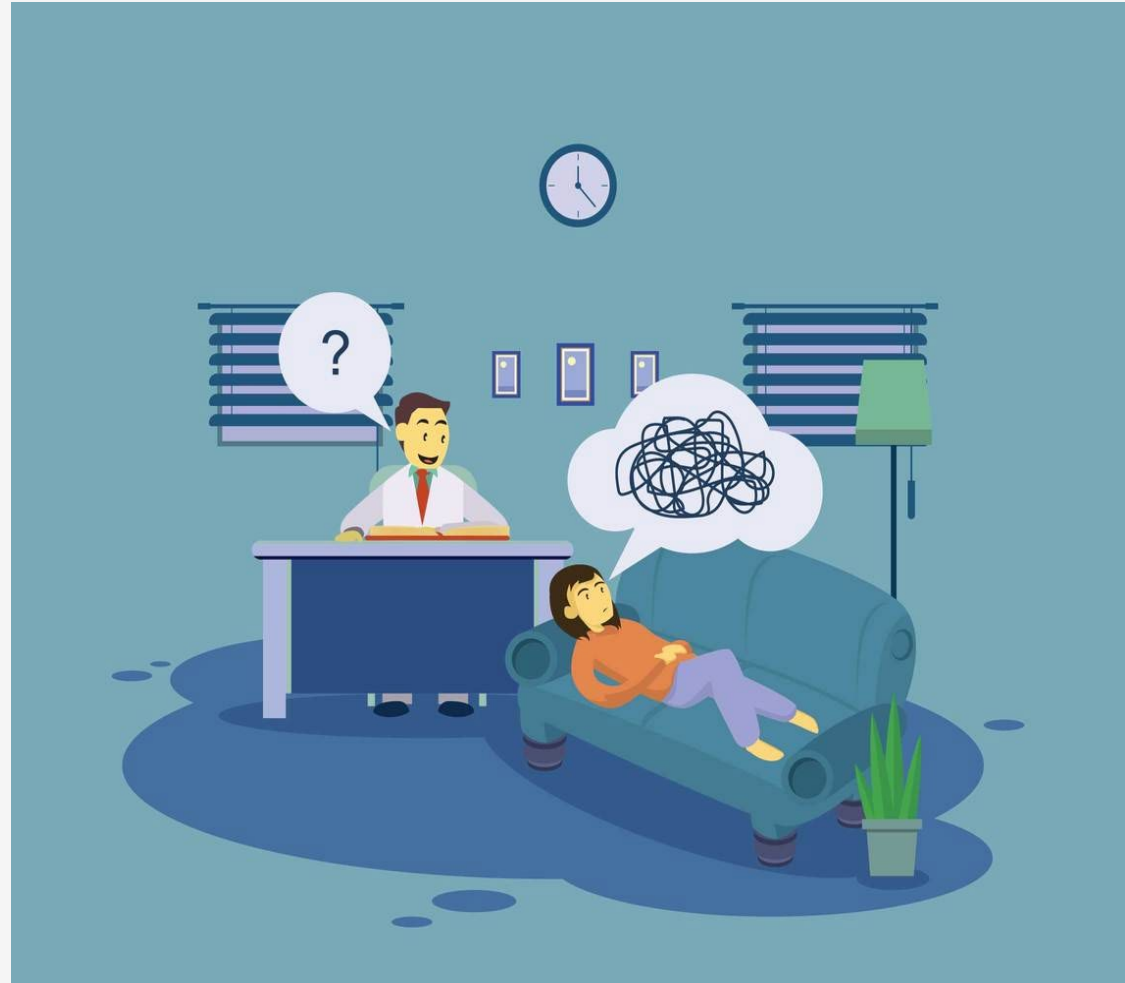
- Promote a positive family life through parenting classes, respite, and education.
- Reducing social insecurity and stress involving housing, finances and fostering.
- Educate the public about Mental Health.
- Adequate legislation regarding drug use, and compulsory detention for high-risk psychiatric conditions.
- Ensuring access to rehabilitation services.



SERVICE DELIVERY

METHODS OF SERVICE

- Acute patient ER
- In-patient Care
- Out-Patient Clinics
- Corrections
- Nursing Homes/Group Homes



BARRIERS TO ACCESSING SUPPORT

- Transport
- Finances
- Stigma
- Personal perceptions regarding Mental Health
- Knowledge about what is available
- Disproportionate resource allocation
- Poor coordination and resource integration



LOBATSE, BOTSWANA

- **Outreach Services**
- **Training of Primary Care Providers**
- **Improvement of Public Awareness**



CORK, IRELAND

Crisis Team

Parenting Classes

Home Visits to Select Vulnerable Sectors



SASKATCHEWAN, CANADA

Interpreting Services
Virtual Care
Special Drug Coverage
Outreach Services



REFERENCES

[Worldwide Prevalence and Disability From Mental Disorders Across Childhood and Adolescence: Evidence From the Global Burden of Disease Study](#)

[The Biopsychosocial Model of Mental Health – Delphis Learning](#)

[Light Blue Mental Health Campaign Poster – Venngage](#)

[Mental health in Botswana - PMC](#)

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